

DAY 1 TRUST

OPENING PRAYER

Lord, we come to you today, confident that you will hear our prayer. Through the intercession of St. María Soledad, we bring this intention to you: _____. Open our hearts and minds to your Word, that by following her example, we may faithfully carry out your holy will and courageously continue on the path marked out for us. Through Christ our Lord. Amen.

Mt 6: 25-27, 33-34

A reading from the holy Gospel according to Matthew

Therefore, I tell you, do not worry about your life, what you will eat [or drink], or about your body, what you will wear. Is not life more than food and the body more than clothing? Look at the birds in the sky; they do not sow or reap, they gather nothing into barns, yet your heavenly Father feeds them. Are not you more important than they? Can any of you by worrying add a single moment to your life-span? But seek first the kingdom [of God] and his righteousness, and all these things will be given you besides. Do not worry about tomorrow; tomorrow will take care of itself. Sufficient for a day is its own evil.

Psalm 62:2-3, 6-7, 8-9

R. In God alone be at rest, my soul.

In God alone is my soul at rest,
My salvation comes from Him,

He alone is my rock,
my salvation, my fortress.” Never shall I falter. **R.**

In God alone be at rest, my soul;
For my hope is from Him
He alone is my rock,
my salvation, my fortress.” Never shall I falter **R.**

In God is my salvation and glory,
my rock of strength;
in God is my refuge.
Trust Him at all times, O people.
Pour out your hearts before Him **R.**

Mother Soledad’s words:

“God, who cares for the birds of the field, will take much better care of His Servants. Faith, deep faith, my Daughters; faith, hope, and charity; with acts of these virtues we will obtain eternal life.”

“Let us place ourselves under the protection of the Divine Providence of God who will work everything out for the best.”

PRAYER

O Saint María Soledad, you who trusted wholeheartedly in God’s loving Providence, help us to surrender ourselves more fully to His plan for our lives, that in all things we may seek God’s greater glory, the salvation of souls and holiness of life. Through Christ our Lord. Amen.

DAY 2 HUMILITY

OPENING PRAYER

Lord, we come to you today, confident that you will hear our prayer. Through the intercession of St. María Soledad, we bring this intention to you: _____. Open our hearts and minds to your Word, that by following her example, we may faithfully carry out your holy will and courageously continue on the path marked out for us. Through Christ our Lord. Amen.

Mt. 18: 1-5

A reading from the holy Gospel according to Matthew

The disciples approached Jesus and said, “Who is the greatest in the Kingdom of heaven?” He called a child over, placed it in their midst, and said, “Amen, I say to you, unless you turn and become like children, you will not enter the Kingdom of heaven. Whoever humbles himself like this child is the greatest in the Kingdom of heaven. And whoever receives one child such as this in my name receives me.”

Psalm 131: 1, 2, 3

R. In you, O Lord, I have found my peace.

O LORD, my heart is not proud,
nor are my eyes haughty;
I busy not myself with great things,
nor with things too sublime for me. **R.**

Nay rather, I have stilled and quieted
my soul like a weaned child.
Like a weaned child on its mother's lap,
so is my soul within me. **R.**

O Israel, hope in the LORD,
both now and forever. **R.**

Mother Soledad's words:

"It seems that Our Lord wanted to remind us in a more vivid way what He frequently tells us: 'He who humbles himself will be exalted'."

PRAYER

O Saint María Soledad, you who humbled yourself before our Lord, help us to go to Him with humble hearts and there find our peace, that in all things we may seek God's greater glory, the salvation of souls and holiness of life. Through Christ our Lord. Amen.

DAY 3 EMBRACE THE CROSS

OPENING PRAYER

Lord, we come to you today, confident that you will hear our prayer. Through the intercession of St. María Soledad, we bring this intention to you: _____. Open our hearts and minds to your Word, that by following her example, we may faithfully carry out your holy will and courageously continue on the path marked out for us. Through Christ our Lord. Amen.

Lk 9: 23-25

A reading from the holy Gospel according to Luke

Jesus said to all, "If anyone wishes to come after me, he must deny himself and take up his cross daily and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will save it. What profit is there for one to gain the whole world yet lose or forfeit himself?"

Ps 27: 1,2,3, 13-14

R. The Lord is my light and my salvation.

The Lord is my light and my salvation;
whom should I fear?
The Lord is my life's refuge;
of whom should I be afraid? **R.**

When evildoers come at me
to devour my flesh,

My foes and my enemies
themselves stumble and fall. **R.**

Though an army encamp against me,
my heart will not fear;
Though war be waged upon me,
even then will I trust. **R.**

I believe that I shall see the bounty of the Lord
in the land of the living.
Wait for the Lord with courage;
be stouthearted, and wait for the Lord. **R.**

Mother Soledad's words:

"May the Lord grant us the grace to serve Him better, bearing all the adversities and setbacks that come our way with holy patience and prudence."

"God will not allow more than we can endure. Let us love the cross of Christ and not desire anything else. By this we are sure to please our good Jesus."

PRAYER

O Saint María Soledad, you who gave us an example of how to embrace the cross, help us to deny ourselves by willingly accepting our own crosses, knowing that this will only lead us closer to Him whom we so desire to follow more closely, that in all things we may seek God's greater glory, the salvation of souls and holiness of life. Through Christ our Lord. Amen.

DAY 4 REST FOR THE SOUL

OPENING PRAYER

Lord, we come to you today, confident that you will hear our prayer. Through the intercession of St. María Soledad, we bring this intention to you: _____. Open our hearts and minds to your Word, that by following her example, we may faithfully carry out your holy will and courageously continue on the path marked out for us. Through Christ our Lord. Amen.

Mt 11: 28-30

A reading from the holy Gospel according to Matthew

Jesus said to the crowds: “Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light.”

Psalm 16:1-2, 5, 7-8, 9-10, 11

R. (cf. 5a) You are my inheritance, O Lord.

Keep me, O God, for in you I take refuge;
I say to the LORD, “My Lord are you.
O LORD, my allotted portion and my cup,
you it is who hold fast my lot.” **R.**

I bless the LORD who counsels me;
even in the night, my heart exhorts me.

I set the LORD ever before me;
with him, at my right hand, I shall not be disturbed. **R.**

Therefore my heart is glad and my soul rejoices,
my body, too, abides in confidence
because you will not abandon my soul to the netherworld,
nor will you suffer your faithful one to undergo corruption. **R.**

You will show me the path to life,
fullness of joys in your presence,
the delights at your right hand forever. **R.**

Mother Soledad's words:

"O most loving Heart of Jesus! I commend to you this night my heart and my soul, that I may rest peacefully in you..."

"Our Lord knows our needs and desires to help us."

PRAYER

O Saint María Soledad, you who rested deeply in the Sacred Heart of Jesus, help us to find peace of soul in Him alone by turning to Him in our every need, that in all things we may seek God's greater glory, the salvation of souls and holiness of life. Through Christ our Lord. Amen.

DAY 5

MERCIFUL REDEMPTION

OPENING PRAYER

Lord, we come to you today, confident that you will hear our prayer. Through the intercession of St. María Soledad, we bring this intention to you: _____. Open our hearts and minds to your Word, that by following her example, we may faithfully carry out your holy will and courageously continue on the path marked out for us. Through Christ our Lord. Amen.

Is. 42: 1-4, 6-7

A reading from the book of the Prophet Isaiah

Thus says the Lord: here is my servant whom I uphold, my chosen one with whom I am pleased, upon whom I have put my spirit; he shall bring forth justice to the nations, not crying out, not shouting, not making his voice heard in the street. A bruised reed he shall not break, and a smoldering wick he shall not quench, until he establishes justice on the earth; the coastlands wait for his teaching.

I, the Lord, have called you for the victory of justice, I have grasped you by the hand; I formed you, and set you as a covenant of the people, a light for the nations, to open the eyes of the blind, to bring out prisoners from confinement, and from the dungeon, those who live in darkness.

Psalm 130: 1-2, 3-4, 5-6, 7-8

R. With the Lord there is mercy and fullness of redemption.

Out of the depths I cry to you, O LORD;

LORD, hear my voice!

Let your ears be attentive

to my voice in supplication. **R.**

If you, O LORD, mark iniquities,
LORD, who can stand?
But with you is forgiveness,
that you may be revered. **R.**

I trust in the LORD;
my soul trusts in his word.
More than sentinels wait for the dawn,
let Israel wait for the LORD. **R.**

For with the LORD is kindness
and with him is plenteous redemption;
And he will redeem Israel
from all their iniquities. **R.**

Mother Soledad's words:

"Do everything possible to save this soul. We must not lose her since she is a lamb in the Lord's flock."

"Strive to console the Heart of Jesus who so desires the salvation of souls."

PRAYER

O Saint María Soledad, you knew the power of the Lord's merciful redemption. Show us the path that leads to spiritual freedom in Him who is all goodness and gentleness, that in all things we may seek God's greater glory, the salvation of souls and holiness of life. Through Christ our Lord. Amen.

DAY 6 GENEROSITY

OPENING PRAYER

Lord, we come to you today, confident that you will hear our prayer. Through the intercession of St. María Soledad, we bring this intention to you: _____. Open our hearts and minds to your Word, that by following her example, we may faithfully carry out your holy will and courageously continue on the path marked out for us. Through Christ our Lord. Amen.

John 12: 24-26

A reading from the holy Gospel according to John

Amen, amen, I say to you, unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit. Whoever loves his life loses it, and whoever hates his life in this world will preserve it for eternal life. Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me.

Psalm 112:1-2, 5-6, 7-8, 9

R. (5) Blessed the man who is gracious and lends to those in need.

Blessed the man who fears the LORD,
who greatly delights in his commands.
His posterity shall be mighty upon the earth;
the upright generation shall be blessed. **R.**

Well for the man who is gracious and lends,
who conducts his affairs with justice;
He shall never be moved;
the just one shall be in everlasting remembrance. **R.**

An evil report he shall not fear;
his heart is firm, trusting in the LORD.
His heart is steadfast; he shall not fear
till he looks down upon his foes. **R.**

Lavishly he gives to the poor,
his generosity shall endure forever;
his horn shall be exalted in glory. **R.**

Mother Soledad's words:

"If our love is as strong as death, we will also attain holiness.
But it is necessary to die and to die many times, so take heart
and do not falter. It is difficult but worth the effort."

"It's true that we have to suffer a little, but it's nothing
compared to what the saints suffered; let us be a little more
patient and imitate our Good Jesus in this way."

PRAYER

O Saint María Soledad, your life bore the abundant fruit of a life
united with Christ. After your example, may we ever grow in
generosity of heart, that in all things we may seek God's greater
glory, the salvation of souls and holiness of life. Through Christ
our Lord. Amen.

DAY 7 LOVING ENDURANCE

OPENING PRAYER

Lord, we come to you today, confident that you will hear our prayer. Through the intercession of St. María Soledad, we bring this intention to you: _____. Open our hearts and minds to your Word, that by following her example, we may faithfully carry out your holy will and courageously continue on the path marked out for us. Through Christ our Lord. Amen.

1 Cor 13:4-7

A reading from the first letter of St. Paul to the Corinthians

Brothers and sisters:

Love is patient, love is kind. It is not jealous, it is not pompous, it is not inflated, it is not rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury, it does not rejoice over wrongdoing but rejoices with the truth. It bears all things, believes all things, hopes all things, endures all things.

Ps 33: 4-5, 18-19, 20, 22

R. (22) Lord, let your mercy be on us, as we place our trust in you.

Upright is the word of the LORD,
and all his works are trustworthy.
He loves justice and right;
of the kindness of the LORD the earth is full. **R.**

See, the eyes of the LORD are upon those who fear him,
upon those who hope for his kindness,
To deliver them from death
and preserve them in spite of famine. **R.**

Our soul waits for the LORD,
who is our help and our shield.
May your kindness, O LORD, be upon us
who have put our hope in you. **R.**

Mother Soledad's words:

"The Lord's will is always fulfilled when with a deep desire and firm purpose, things are done for his love."

"We should do everything in Him and for Him, working and suffering patiently for the love of God."

"The Lord, the King of Peace, will give me the strength needed to contend with the enemy and come out victorious."

PRAYER

O Saint María Soledad, your heart wonderfully reflected a true likeness to Christ, help us to persevere in doing God's will with loving fidelity, that in all things we may seek God's greater glory, the salvation of souls and holiness of life. Through Christ our Lord. Amen.

DAY 8 CONFIDENCE IN MARY

OPENING PRAYER

Lord, we come to you today, confident that you will hear our prayer. Through the intercession of St. María Soledad, we bring this intention to you: _____. Open our hearts and minds to your Word, that by following her example, we may faithfully carry out your holy will and courageously continue on the path marked out for us. Through Christ our Lord. Amen.

Jn 19: 25-27

A reading from the holy Gospel according to John

Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple there whom he loved, he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home.

Psalm 28:2, 7, 8-9

R. (6) Blessed be the Lord, for he has heard my prayer.

Hear the sound of my pleading, when I cry to you,
lifting up my hands toward your holy shrine. **R.**

The LORD is my strength and my shield.
In him my heart trusts, and I find help;
then my heart exults, and with my song I give him thanks. **R.**

The LORD is the strength of his people,
the saving refuge of his anointed.
Save your people, and bless your inheritance;
feed them, and carry them forever! **R.**

Mother Soledad's words:

"I have placed my confidence in Mary."

"I have never asked our Blessed Mother for a grace which she did not grant me."

"Do your best to please our beloved Mother, Mary Health of the Sick who loves us so much and wants us to love her. She is willing to grant us whatever we ask of her as long as it pleases our beloved Jesus."

PRAYER

O Saint María Soledad, you had such confidence in Mary's love for you, we ask you to teach us to have this same strong faith in her motherly intercession and to please her in all we do, that in all things we may seek God's greater glory, the salvation of souls and holiness of life. Through Christ our Lord. Amen.

DAY 9 GRATEFUL PRAISE

OPENING PRAYER

Lord, we come to you today, confident that you will hear our prayer. Through the intercession of St. María Soledad, we bring this intention to you: _____. Open our hearts and minds to your Word, that by following her example, we may faithfully carry out your holy will and courageously continue on the path marked out for us. Through Christ our Lord. Amen.

Lk 1:46-55

A reading from the holy gospel according to Luke

And Mary said: “My soul proclaims the greatness of the Lord; my spirit rejoices in God my Savior for he has looked with favor on his lowly servant. From this day all generations will call me blessed: the Almighty has done great things for me and holy is his Name. He has mercy on those who fear him in every generation. He has shown the strength of his arm, and has scattered the proud in their conceit. He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and the rich he has sent away empty. He has come to the help of his servant Israel for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children forever.”

Psalms 103: 1-2, 3-4, 8 and 10

R/. O bless the Lord, my soul!

Bless the Lord, O my soul;
and all my being, bless his holy name.
Bless the Lord, O my soul,
and forget not all his benefits. **R.**

He pardons all your iniquities,
he heals all your ills.
He redeems your life from destruction,
he crowns you with kindness and compassion. **R.**

Merciful and gracious is the Lord,
slow to anger and abounding in kindness.
Not according to our sins does he deal with us,
nor does he requite us according to our crimes. **R.**

Mother Soledad's words:

"God our Lord is continually watching over us, so how are we going to correspond to so many and such great blessings?"

"May God Our Lord grant us all His holy blessing so we may be grateful for our calling and thank Him in all things."

PRAYER

O Saint María Soledad, like Mary, you proclaimed the greatness of the Lord with a heart full of gratitude for all that came from the Lord's hands. Teach us to have grateful and humble hearts, that in all things we may seek God's greater glory, the salvation of souls and holiness of life. Through Christ our Lord. Amen.